

Low Cost and Free Meals Directory

Bankstown Area



Meals

Organisation Location and Phone Number Service Day and Time Cost Conditions of use Transport

<i>Bankstown Meals on Wheels</i>	Greenacre Senior Citizen Centre, 202 Waterloo Rd, Greenacre 9707 9646	Home meal delivery	Delivery between Mon - Fri 11:30am - 1pm	Cost varies between \$2 - \$6.70	Registration required, contact organisation prior	 Delivery
<i>Bankstown Meals on Wheels</i>	Bankstown Senior Citizens Centre, 7 West Terrace, Bankstown 9707 9646	Centre-based meal	Mon - Fri 9:30am - 2:30pm	Cost varies between \$2 - \$6.70	Registration required, contact organisation prior	 5 min walk from Bankstown station
<i>Bankstown Meals on Wheels</i>	Greenacre Senior Citizen Centre, 202 Waterloo Rd, Greenacre 9707 9646	Community restaurant	Mon - Fri 10:30am - 2pm	\$10 - \$12	Registration required, contact organisation prior	 M90 and 7 min walk
<i>Campsie Uniting Church</i>	36 Evaline Street, Campsie 0409 648 623	Drop In (includes lunch) Fruit, veg and bread available through 'Second Bite' program	Tues and Thurs 10am - 12:30pm (closed for two weeks over Christmas)	Free	Open to anyone who lives alone or with a physical or psychosocial disability. Carers are also welcome.	 5 min walk from Campsie station
<i>Canterbury Meals on Wheels</i>	2/2 Carrington Square, Campsie 9718 3093	Home meal delivery	Mon - Fri 10:30am - 2pm	\$7	Registration required, contact organisation prior	 Delivery
<i>Chester Hill Neighbourhood Centre</i>	Chester Hill Guide Hall, 159 Waldron Road, Chester Hill 9645 3700	Social lunch	Every Wed 10am - 2pm	\$8	Bookings essential	 7 min walk from Chester Hill station
<i>Creating Links</i>	58 Kitchener Parade, Bankstown 8713 7700	Emergency relief vouchers	Mon - Fri 9am - 5pm	Free	Must be on Centrelink benefits or have referral	 10 min walk from Bankstown station


Disclaimer


Information included in this directory is correct at the time of publishing.

Please notify Health Promotion Service of any changes on 8738 5911.

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Key

 Walk from nearest station

 Bus stop route within walking distance from location

 Home Delivery

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<i>Lebanese Muslim Association (LMA)</i>	71-75 Wangee Rd, Lakemba 9750 6833	Emergency food vouchers, depending on availability	As required	Free	Must be assessed by a social worker at LMA prior	 12 min walk from Lakemba station  946 and 3 min walk
<i>Prosper (Project Australia)</i>	Rotary Community Centre, 34 North Parade, Campsie 0402 787 571	Food truck service	Every Thurs (school term only) 11:30am - 12:30pm	Free	None	 3 min walk from Campsie station
<i>Riverwood Community Centre</i>	151 North Belmore Road, Riverwood 9533 0100	Hot meal	Every Mon 6pm - 8pm	Free	Must be a community member	 Bus routes: 940, 944, 945
<i>Salvation Army</i>	Courtyard Café 42 Raymond Street, Bankstown 9796 1176	Meal and tea/ coffee	Tues - Wed 11:45am - 12:30pm	\$2 for concession card holders \$4 for others	None	 4 min walk from Bankstown station
<i>St Vincent de Paul Society</i>	2A East Terrace, Bankstown 9796 1176	Food vouchers	As required	Free	Appointment required	 6 min walk from Bankstown station
<i>Youth Off the Streets Outreach</i>	Paul Keating Park, The Mall, Bankstown 9796 1193	Freshly cooked meals and snacks	Every Thurs 6pm - 9pm	Free	Must be within 12 - 24 years of age	 3 min walk from Bankstown station

Hampers

Organisation	Location and Phone Number	Service	Day and Time	Cost	Conditions of use	Transport
<i>Metro Assist</i>	Level 2/59-93 Evaline St, Campsie 9789 3744	Food parcel	As required	Free for emergency parcel \$15 for regular fortnightly parcel	Must register to receive regular fortnightly food parcel	 8 min walk from Campsie station
<i>Mountaha's Helping Hand</i>	2/15-17 Gartmore Avenue, Bankstown 0405 610 693	Emergency food vouchers	As required	Free	Must call for appointment	 Bus routes: 487, 922, 923, 924, 945, M90, M91, M92
<i>St Vincent's De Paul Society</i>	2A East Terrace, Bankstown 9796 1176	Food parcel	During office hours 9:30am - 12pm 1pm - 3:30pm	Free	Anyone can access emergency food relief, for further assistance copy of income statement and ID required	 Bus routes: 807

Community Pantry

<i>Addison Road Community Organisation – The Mamma Penny Initiative</i>	Belmore Youth Resource Centre, 38-40 Redman Parade, Belmore 0423 207 530	Pantry	Fri 9:30am - 11am	\$5 bag	No conditions	 2 min walk from Belmore station
<i>Anglicare</i>	Good Shepherd Church, 80 Pandora Street, Greenacre 9750 8250	Mobile pantry	Every second Wed 1:30pm - 2:30pm	\$2 contribution	Bring ID, fill a bag with pantry items of your choice	 Bus routes: 939, 941 or 946 and 5 minute walk
<i>Anglicare</i>	St Andrews Anglican Church, Corner Quigg and Lakemba Street, Lakemba 0425 219 029	Mobile Pantry	Every second Thurs 1:30pm - 2:30pm	\$2 contribution	Bring ID, fill a bag with pantry items of your choice	 6 min walk from Lakemba station
<i>Anglicare</i>	Yagoona Anglican Church, 213 Auburn Road, Yagoona 9793 3062	Mobile Pantry	Every second Wed 12:30pm - 1:30pm	\$10 contribution	Bring ID, fill a bag with pantry items of your choice	 Bus routes: 907, M91 and 5 minute walk
<i>Anglicare</i>	Riverwood Anglican Church, 9 Littleton Street, Riverwood 9153 7624	Mobile Pantry	Every second Thurs 9:30am - 10:30am	\$10 contribution	Bring ID, fill a bag with pantry items of your choice	 Bus routes: 940, 944, 945, M91, M92

Community Pantry

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<i>Anglicare</i>	Chester Hill Anglican Church, 125 Proctor Parade, Chester Hill 0422 844 380	Mobile Pantry	Every second Wed 1:30pm - 2:30pm	\$10 contribution	Bring ID, fill a bag with pantry items of your choice	 5 min walk from Chester Hill station
<i>Anglicare</i>	Anglicare Shops Factory Outlet, 9 Christina Rd, Villawood 8774 7467	Pantry	Mon - Fri 9am - 3:45pm Sat 9am - 1:45pm	\$10 contribution	Bring ID, fill a bag with pantry items of your choice	 9 min walk from Leightonfield station
<i>Bankstown Women's Health Centre</i>	24-26 Jacobs Street, Bankstown 9790 1378	Fresh fruit, veg and pantry items	Every Thurs 9:30am - 10:30am Tickets are given out 7:30am	\$2 contribution	BYO bag	 5 min walk from Bankstown station
<i>Greenacre Community Area Centre - Food Share Program</i>	87 Waterloo Road, Greenacre 9750 7982	Fresh fruit, veg, pantry items (depending on availability)	Every Thurs from 9:30am until all bags are handed out	\$2 contribution	Must be 18 years of age and older and live in Canterbury/ Bankstown area	 Bus routes: 939, 940, 946
<i>The Staples Bag</i>	449 Canterbury Rd, Campsie 9787 6832	Low cost supermarket	Mon - Fri 9:30am - 4:30pm Sat 9am - 2pm	Standard Bag \$20 (Can feed 1-2 people for up to a week) Family Bag \$30 (Can feed 3-4 people for up to a week) Vegetarian Bag \$15 (Can feed 1-2 people for up to a week) Can also purchase individual items	No conditions	 Bus routes: M41, 415, 420, 445, 492